



Certificate of Completion:

ISST approved training module

Agnieszka Karpińska

Has Attended: 20 hours ST Training Workshop on the 17th and 18th of April 2021.

Specific treatment populations:

Dependant, Avoidant and Obsessive-Compulsive Personality Disorders.

ISST-Approved Trainer(s) Name(s): *Małgorzata Bielak*

CONTENT TRAINING PROGRAM OR MODULE

Workshop Name	Subject covered	Hours Specified	Number of participants	Trainers
Schema Therapy with cluster "C" patients	1.2. Formulation and case conceptualization, 2. Therapy relationship, 3.1 Cognitive techniques, 3.2. Experiential techniques I, 3.3. Experiential techniques II, 3.4. Homework assignment and behavior change strategies. 4.1. Schema Mode Work	Didactic: 8	20	1
		Role-play: 12		

Literature used in this module:

Farrell, M.J.; Reiss, N.; Shaw, A.I. (2014). The Schema Therapy Clinician's Guide. Chichester: Wiley-Blackwell
Young J.E., Klosko J., Weishaar M.E., (2003). *Schema Therapy: a practitioner's guide*. New York: Guilford Press.
Van Vreeswijk, M.; Broersen, J.; Nadort, M. (2012). The Wiley-Blackwell Handbook of Schema Therapy. Theory, research, practice. Chichester: Wiley-Blackwell.


Signature of Training Facilitator

18th of April 2021

Date